

**PSY 130**  
**Review Test #18 Chapter 18**

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1. The textbook states elderly parents do not want to be a burden on their children by expecting them to
  - A. talk over important matters.
  - B. help the parents understand their resources.
  - C. provide emotional support.
  - D. provide financial help.
  
2. The Plitton Company tries hard to hire people that are close to retirement age, because their experience with older workers has taught them that all of the following are true about older workers EXCEPT
  - A. they work more slowly, but are more accurate.
  - B. older workers are frugal with both time and materials.
  - C. they are eager to make new friends and join in company social events.
  - D. they display more careful, dependable, and responsible work habits.
  
3. A noted gerontologist is giving a lecture titled "How to Age Successfully." Which of the following suggestions is the audience LEAST likely to hear?
  - A. Find a job with decent pay.
  - B. Don't get too involved in child care.
  - C. Get plenty of physical exercise.
  - D. Do some volunteer work in your community.
  
4. Which of the following statements about sisters and brothers in late adulthood is true?
  - A. Sisters tend to be more nurturant than brothers.
  - B. Brothers play a primary role in maintaining family relationships.
  - C. Older people who are close to their brothers worry less about aging than those who are not.
  - D. A widow with a married sister is likely to resent the fact that her sister still has a husband.
  
5. What is the single most important factor that enables older adults to live in their own homes instead of in institutions?
  - A. having adequate income
  - B. being in good health
  - C. being married
  - D. make-up of the neighborhood
  
6. One of the reasons that older adults do not want to be absorbed into their children's households is
  - A. they will be older than everyone else in the household.
  - B. they will be isolated from their friends.
  - C. they will feel very helpful and family won't feel like an intrusion.
  - D. they are tired of being independent and welcome other's assistance.

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7. An important benefit of having friends in late adulthood is that
  - A. choosing friends gives one a sense of control.
  - B. they often help one another with financial problems.
  - C. spending time with friends dramatically increases one's satisfaction with life.
  - D. people feel more calm and relaxed around friends than they do around family members.
  
8. The ability to adapt thinking and behavior to reduce or relieve stress that arises from harmful, threatening, and challenging conditions is referred to as
  - A. wisdom.
  - B. integrity.
  - C. generativity.
  - D. coping.
  
9. Men tend to be more \_\_\_\_\_ in late-life remarriages than in midlife remarriages.
  - A. unhappy
  - B. satisfied
  - C. resolved
  - D. none of these.
  
10. According to Erikson, wisdom includes acceptance of all of the following EXCEPT
  - A. imperfections in one's parents.
  - B. imperfections in oneself.
  - C. dependency.
  - D. death.
  
11. According to Erikson, persons in late adulthood are in the crisis of
  - A. ego integrity versus despair.
  - B. identity versus identity confusion.
  - C. generativity versus stagnation.
  - D. intimacy versus isolation.
  
12. Which of the following choices about working is available to older adults?
  - A. early retirement.
  - B. retiring from one career to start another.
  - C. working part-time.
  - D. all of these are available.
  
13. Because of negative attitudes toward homosexuality throughout much of the twentieth century, many homosexuals' self-concepts were shaped by the prevailing \_\_\_\_\_; those born later tend to view their homosexuality as a \_\_\_\_\_.
  - A. status; stigma
  - B. stigma; status
  - C. disease theory; stigma
  - D. disease theory; status

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14. Successful or optimal aging has been measured using all of the following criteria EXCEPT
  - A. cardiovascular functioning and cognitive performance.
  - B. productivity and longevity.
  - C. degree of personal control retained in old age.
  - D. number of family and friendship relationships.
  
15. The older adults most likely to be institutionalized are those who
  - A. enjoy taking part in social activities with others their own age.
  - B. have good health and want to spend time in varied activities.
  - C. have overburdened their busy families with their poor health and disabilities.
  - D. want independence from their families.
  
16. In the Grant Study, an important factor in predicting emotional health at age 65 was the ability to use mature adaptive defenses, which included all of the following EXCEPT
  - A. altruism.
  - B. humor.
  - C. sublimation.
  - D. denial.
  
17. Those older adults who reported higher levels of positive emotion and retained their positivity were those
  - A. that had introverted personalities.
  - B. that were considered to be extroverts.
  - C. who were neurotic.
  - D. who grew increasingly inflexible.
  
18. According to the research of Carstensen, what is “the most reliable finding in social gerontology”?
  - A. Older people become less accepting of the deaths of friends and family.
  - B. Older people prefer to disengage from active work roles.
  - C. Older people tend to reduce their social contacts.
  - D. Older people wish they could relive their lives.
  
19. What proportion of older people own their homes, and prefer to live there even after they are widowed?
  - A. 5 out of 10
  - B. 6 out of 10
  - C. 7 out of 10
  - D. 8 out of 10
  
20. According to the text, elder abuse involves
  - A. neglect.
  - B. physical abuse.
  - C. emotional abuse.
  - D. Elder abuse can involve all of these.

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21. According to a study cited in the textbook, the most powerful predictor of satisfaction in retirement was the size of a retiree's
- A. economic resources.
  - B. personal resources.
  - C. social support network.
  - D. all of these.
22. Among those 75 and over, \_\_\_\_\_ percent of women live alone.
- A. 30
  - B. 50
  - C. 70
  - D. 90
23. According to \_\_\_\_\_ theory, the normal way to age is to cut down in activities and commitments to others and to become increasingly preoccupied with the self.
- A. activity
  - B. disengagement
  - C. compensation
  - D. integrity
24. According to the text, who would likely have the most flexible coping strategy?
- A. an adolescent
  - B. an elderly adult
  - C. a middle-aged adult
  - D. a young adult
25. According to Erikson's theory,
- A. people who successfully resolve the final crisis will not experience despair.
  - B. people who successfully resolve the final crisis can overcome despair.
  - C. despair is a sign of mental illness.
  - D. despair leads to a loss of ego strength.
26. According to research, approximately what percent of older adults has done volunteer work or community service during the past year?
- A. 37
  - B. 47
  - C. 57
  - D. 67
27. According to Carstensen's socioemotional selectivity theory, which is the most important psychological function of social interaction in old age?
- A. information seeking
  - B. emotional support
  - C. breaking up social convoys
  - D. increasing novelty

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28. All of the following reasons have been cited to explain the growth of elderly single-person households EXCEPT
- A. increased old-age benefits.
  - B. decreased old-age benefits that make assisted living unaffordable.
  - C. reverse mortgage programs, which enable people to live at home longer.
  - D. long-term care policies that discourage institutional living.
29. All of the following are examples of what Pauline Boss calls an *ambiguous loss* EXCEPT
- A. the loss of a loved one to Alzheimer's disease.
  - B. the loss of a child to drug addiction.
  - C. the loss of a homeland.
  - D. the loss of a child by auto accident.
30. In a study commissioned by the United States Congress, findings about older workers demonstrated that
- A. physical fitness and health decrease steadily after 60.
  - B. there are huge health differences between age groups.
  - C. tests of specific abilities predict job performance better than age.
  - D. risks to workers will increase when the age for social security benefits increases.

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1. (p. 701) D
2. (p. 685) C
3. (p. 681) B
4. (p. 701) A
5. (p. 689) C
6. (p. 690) B
7. (p. 699) A
8. (p. 674) D
9. (p. 698) B
10. (p. 674) C
11. (p. 674) A
12. (p. 685) D
13. (p. 699) B
14. (p. 679) D
15. (p. 690) C
16. (p. 675) D
17. (p. 674) B
18. (p. 681) C
19. (p. 688) D
20. (p. 693) D
21. (p. 685) D
22. (p. 689) B
23. (p. 679) B
24. (p. 676) B
25. (p. 674) B
26. (p. 686) C
27. (p. 681) B
28. (p. 690) B
29. (p. 678) D
30. (p. 685) C