

PSY 150
Abnormal Psychology
Chapter7 & 8 Review

1. Which of the following would be the most radical physiological intervention utilized to treat pedophilia?
 - A. administration of drugs that lower dopamine levels
 - B. administration of drugs that lower testosterone levels
 - C. requiring the client to have a vasectomy
 - D. castration, or removal of the testes
2. While making love Harry feels a strong need to be dominant and often subjects his lovers to harsh physical treatment. This is the only way Harry can achieve sexual gratification. Harry might be diagnosed as having
 - A. sexual sadism.
 - B. sexual masochism.
 - C. frotteurism.
 - D. fetishism.
3. Why is it difficult to determine whether or not individuals with gender identity disorder have a heterosexual or a homosexual orientation?
 - A. because defense mechanisms are very strong and do not allow the unconscious tendencies to surface
 - B. because most report having bisexual tendencies so they really don't express a preference
 - C. because the definition of their orientation could be based on either their assigned sex or their gender identity
 - D. because their gender identity confusion also makes them feel confused about their sexual orientation as well
4. One explanation for exhibitionism involves several childhood experiences in which the individual was sexually aroused while displaying his genitals. This explanation is derived from which perspective?
 - A. the psychoanalytic perspective
 - B. the behavioral perspective
 - C. the humanistic perspective
 - D. the sociocultural perspective
5. Wayne is a pedophile. He tends to victimize boys but does not engage in physical violence or nonsexual aggression. Wayne would be categorized as a(n) _____ aggressor.
 - A. physiological
 - B. cognitive
 - C. affective
 - D. developmentally related
6. Jeff experiences such intense and recurrent genital pain during sexual intercourse that even the thought of having sex is unbearable. Jeff might have
 - A. erectile disorder.
 - B. vaginismus.
 - C. dyspareunia.
 - D. inhibited male orgasm.

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7. Sexual dysfunctions are sometimes signs or symptoms of what type of problems?
 - A. problems related to gender identity
 - B. problems related to sexual orientation
 - C. paraphilic desires
 - D. problems in day-to-day functioning
8. It has been suggested by critics of the diagnosis of gender identity disorder that children's distress in response to feelings of gender inappropriateness is more likely to be distress regarding
 - A. their homosexual orientation.
 - B. their tendency to engage in fetishistic behavior.
 - C. the social disapproval they experience.
 - D. the sexual abuse they have experienced.
9. According to the text, approximately what percentage of sexual assault victims are children or adolescents?
 - A. 15%
 - B. 30%
 - C. 45%
 - D. 65%
10. Which of the following paraphilias is marked by an attraction to situations in which sexual gratification is achieved by having painful stimulation applied to one's own body?
 - A. sexual masochism
 - B. sexual sadism
 - C. transvestic fetishism
 - D. sexual aversion disorder
11. The sexual dysfunctions are associated with all phases of the human sexual response EXCEPT
 - A. arousal.
 - B. orgasm.
 - C. plateau.
 - D. resolution.
12. When does transvestic behavior typically begin?
 - A. in childhood or adolescence
 - B. following a sexual trauma
 - C. in middle adulthood
 - D. after a man gets divorced
13. Which of the following is the term used to describe the experience in which an individual feels unduly self-conscious during sexual activity?
 - A. self-monitoring
 - B. spectating
 - C. depersonalization
 - D. splitting

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14. A woman is erotically obsessed with men's ankles to the point of exclusion of all other erotic stimuli. This woman's desires are illustrative of
- A. partialism.
 - B. sadism.
 - C. frotteurism.
 - D. voyeurism.
15. Approximately two-thirds of all victims of child sexual abuse are _____ and the vast majority of perpetrators are _____.
- A. girls; women
 - B. boys; men
 - C. boys; women
 - D. girls; men
16. How might aversion therapy be used to treat a client with a fetish?
- A. The client would be instructed to take a vomit-inducing drug while masturbating with the fetishistic object.
 - B. The client would be given a reward for instances of sexual arousal involving appropriate objects.
 - C. The client would be regressed to childhood through hypnosis to determine the source of the fetish.
 - D. The client's dreams would be analyzed in order to discover the symbolic significance of the fetishistic object.
17. Ron cannot achieve orgasm regardless of whether he masturbates or engages in sexual activity with a partner. Ron has
- A. generalized anxiety disorder.
 - B. generalized orgasmic disorder.
 - C. situational orgasmic disorder.
 - D. premature ejaculation.
18. Jeff has a compulsive desire to wear women's clothes. He is able to achieve sexual arousal only when he cross-dresses. Jeff might be given the diagnosis of
- A. sexual sadism.
 - B. voyeurism.
 - C. fetishism.
 - D. transvestic fetishism.
19. Failure to attain or maintain an erection during sexual activity is characteristic of
- A. male erectile disorder.
 - B. primary erectile dysfunction.
 - C. inhibited male orgasm disorder.
 - D. sexual arousal disorder.

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20. The process of erotic attraction pertaining to the gender of one's sexual partners is referred to as a person's
- A. gender typing.
 - B. sex typing.
 - C. gender identity.
 - D. sexual orientation.
21. Usually the individuals a voyeur observes are
- A. people who are consenting.
 - B. people who are sexually involved with the voyeur.
 - C. young children.
 - D. people who are unaware they are being watched.
22. Cheryl is seeking a sex change operation. It is most likely that a qualified surgeon would require her to
- A. explore sexual relationships with both males and females.
 - B. get parental consent prior initiating the surgery.
 - C. live as a member of the opposite sex for a period prior to surgery.
 - D. pay for the surgical procedures well in advance.
23. Some exhibitionists become aroused, not because of the exposure of their genitals, but because
- A. of the sight of shock or fear in the onlooker.
 - B. of the chance of getting caught.
 - C. they secretly want to be punished.
 - D. they walk around with nothing on underneath their clothes.
24. The treatment methods developed by Masters and Johnson are designed to
- A. reduce the client's anxiety over sexual performance.
 - B. improve physiological functioning through medication.
 - C. uncover unconscious conflicts interfering with sexual performance.
 - D. teach unconditional positive regard to sexual partners.
25. A client is diagnosed with an erectile dysfunction. Based on the research presented in the text, which of the following statements best describes the likely cause of his condition?
- A. It is most likely that his difficulty is due to physical problems.
 - B. It is most likely that his difficulty is due to psychological problems.
 - C. There is about a 50-50 chance that his problems are due to either physical or psychological factors.
 - D. There is a strong chance that his difficulties are due to neurological problems.
26. Dr. Jaspers feels that Rhonda's manic episode is an unconscious defense that she is using to guard against sinking into a state of gloom and despair. Based on this information Dr. Jaspers' orientation is most likely
- A. humanistic.
 - B. behavioral.
 - C. existential.
 - D. psychodynamic.

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27. Early behavioral theorists viewed which of the following as the cause of the symptoms of depression?
- A. losses in childhood
 - B. reductions in positive reinforcement
 - C. low levels of norepinephrine
 - D. inaccurate thinking patterns
28. "I got a 96% on this exam but the four I missed were easy. I must be stupid." This is an example of Beck's cognitive distortion known as
- A. selective abstraction.
 - B. dichotomous thinking.
 - C. catastrophizing.
 - D. excessive responsibility.
29. Which of the following best describes Jane Schnitter's experience of depressive symptoms? Her depressive symptoms
- A. follow a seasonal pattern.
 - B. occur monthly.
 - C. occur only in the morning.
 - D. alternate with hypomanic episodes.
30. Cognitive therapists often use _____ techniques since many of them feel that behavior change is needed to identify and alter dysfunctional cognitions.
- A. psychiatric
 - B. interpersonal
 - C. psychodynamic
 - D. behavioral
31. According to the text, women are almost _____ more likely to be diagnosed as suffering from depression than men.
- A. 10 times
 - B. not
 - C. 50 times
 - D. 2 times
32. According to Aaron Beck's cognitive theory, errors that depressed people make in the way that they draw conclusions from their experiences are called
- A. attribution errors.
 - B. delusions.
 - C. cognitive distortions.
 - D. cognitive misattributions.
33. Edwin Shneidman, an interpersonal theorist, views suicide as
- A. a person's attempt to communicate with others.
 - B. a manifestation of unconscious anxiety.
 - C. the result of alienation from society.
 - D. the result of decreased GABA in the brain.

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34. In the video segment on the textbook CD entitled "Dysthymia," Roberto describes the following symptom of the disorder:
- A. Extreme mood swings.
 - B. Manic episodes.
 - C. Sleep problems.
 - D. Delusions.
35. The _____ phase in treatment using ECT consists of 30 to 50 seconds of convulsions that look like slight body tremors.
- A. clonic
 - B. tonic
 - C. voltage delivery
 - D. anesthetic
36. Bowlby (1980) pointed out that parents who fail to provide children with _____ may put their children at risk for the development of depression.
- A. attention
 - B. a stable secure relationship
 - C. adequate positive reinforcement
 - D. self-actualizing experiences
37. Debbie has been diagnosed with the rapid cycling type of bipolar disorder. Which of the following types of medication is most likely to help her improve?
- A. lithium carbonate
 - B. selective serotonin reuptake inhibitors
 - C. monoamine oxidase inhibitors
 - D. anticonvulsant medications
38. Which of the following statements best summarizes the research discussed in the text on the use of SSRIs and an increased risk of suicide?
- A. SSRIs are more likely to be prescribed to more severely disturbed patients who are at a higher risk for suicide.
 - B. A direct link has been established between SSRI use and suicidal behavior in young children and adolescents.
 - C. Correlational research has show that adolescents who take SSRIs are more likely to engage in risk-taking behaviors.
 - D. An increased risk of suicide has only been reliably observed in older patients taking SSRIs.
39. Randy has been diagnosed with bipolar disorder and hypothyroidism. Because of these coexisting conditions, he may be at risk of developing the _____ type of bipolar disorder.
- A. rapid cycling
 - B. melancholic
 - C. seasonal
 - D. dysthymic

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40. Which of the following factors led Dr. Tobin to conclude that Janice Butterfield's depression might have had a genetic basis?
- A. the fact that her serotonin levels were very low
 - B. the fact that her depression followed a seasonal pattern
 - C. the fact that her mother was also diagnosed as having depression
 - D. the fact that her WAIS-R score was lower than average
41. Brad's therapist is treating his depression by helping Brad evaluate the rationality of his automatic thoughts, and identify and alter the silent dysfunctional assumptions he makes about things that happen to him. Based on this information, it sounds as if Brad's therapist may be _____ in her orientation.
- A. psychodynamic
 - B. behavioral
 - C. cognitive
 - D. interpersonal
42. Which of the following newly discovered somatic interventions when combined with medication may be helpful in treating individuals with depression who do not respond to medication alone?
- A. ECT
 - B. TMS
 - C. RET
 - D. CBT
43. In the video segment on the textbook CD entitled "Major Depressive Disorder," Tara describes the following symptom of this disorder:
- A. Feeling homicidal.
 - B. Feeling suicidal.
 - C. Experiencing mood swings.
 - D. Experiencing delusions.
44. Researchers have proposed that the seasonal type of depression may be caused by alterations in biological rhythms due to seasonal variations in
- A. caloric intake
 - B. temperature
 - C. norepinephrine production
 - D. daylight
45. Which of the following is one of the two types of mood disorders that people may experience?
- A. neurotic
 - B. bipolar
 - C. hysterical
 - D. psychotic

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46. Which of the following statements about the incidence of bipolar disorder in the general population is true?
- A. Bipolar disorder is less common compared to major depressive disorder.
 - B. Men are more likely to suffer from bipolar disorder than are women.
 - C. The rate of occurrence of bipolar disorder is about the same as it is for major depressive disorder.
 - D. The incidence of bipolar disorder is higher in lower socioeconomic classes than in upper socioeconomic classes.
47. Howard suffers from mild mood swings that range from dysphoria to hypomania. His mood can change rapidly and at times his behavior borders on eccentric, but he still holds down a job at the neighborhood hardware store, and his marriage although a bit strained is on good ground. Howard might be diagnosed as having
- A. bipolar disorder.
 - B. major depressive disorder.
 - C. hypomania.
 - D. cyclothymic disorder
48. Which of the following is a mood disorder involving alternations in mood?
- A. major depressive disorder
 - B. bipolar disorder
 - C. dysthymic disorder
 - D. major depressive episode
49. Individuals with dysthymic disorder are likely to
- A. have substance abuse problems.
 - B. need hospitalization.
 - C. have difficulty holding down their jobs.
 - D. have psychomotor retardation.
50. Dr. Jones is a therapist that feels that people's depression may stem from a variety of factors. In his attempts to explain depression he tries to integrate attachment theory with behavioral and cognitive ideas. Based on this information it sounds as if his thinking is _____ oriented.
- A. psychiatrically
 - B. interpersonally
 - C. psychodynamically
 - D. humanistically

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1. D
2. A
3. C
4. B
5. A
6. C
7. D
8. C
9. D
10. A
11. D
12. A
13. B
14. A
15. D
16. A
17. B
18. D
19. A
20. D
21. D
22. C
23. A
24. A
25. C

26. D
27. B
28. A
29. B
30. D
31. D
32. C
33. A
34. (*p. MindMAP Student CD*) C
35. A
36. B
37. D
38. A
39. A
40. C
41. C
42. B
43. (*p. MindMAP Student CD*) B
44. D
45. B
46. A
47. D
48. B
49. A
50. B